



Nutrition Referral | FAX COMPLETED FORM TO: 1 (919) 869-1797

Important: In addition to completing this form, please ask the patient to set up a clarity call via the scheduling form on our website at www.wellbalancednutrition.com/contact-us

Referral From: (Please list provider name, practice, email, and fax number)

Patient's Name: _____ DOB: _____

Patient Contact Info: Phone: _____ Email: _____

Gender: M F _____

Reason for MNT Referral

Please attach Labs, Medication List, and any other pertinent information.

- Dietary assessment, monitoring, and surveillance
- Has a poor relationship with food
- History of yo-yo dieting or weight cycling
- Overweight/Obesity (ht: _____ wt: _____)
- Underweight (ht: _____ wt: _____)
- High Cholesterol (TC _____ LDL _____ HDL _____ TG _____)
- Prediabetes/Diabetes (A1c _____) Do you have any specific preferences or recommendations for their care?
- Allergies/intolerances
- Gut Health/ IBS or IBD
- Sports or Recovery Nutrition
- Other (specify): _____



Well Balanced Nutrition Referral Process

Your patients are important to us, and we want to ensure that they receive the appropriate care in a timely manner.

To refer your patient to Well Balanced Nutrition:

- Complete a referral form.
- Fax the referral form to Well Balanced Nutrition at (919) 869-1797. *Well Balanced Nutrition is HIPAA compliant, and referrals are received via a secure e-fax.*
- Have your office manager or patient schedule a 15-minute consult/clarity call here: wellbalancednutrition.com/contact-us

Well Balanced Nutrition will:

- send a follow-up report within 30 days of the referral to inform him/her of the status of the referral.
- Fax a report of the appointment to the referring clinician
- Notify you by fax if we are unable to reach the patient with 3 or more attempts by phone, email, or text or if the patient declines services. The clinician may refer the patient again as needed.
- Notify you by fax when a patient misses two consecutive appointments.

If you have questions or concerns regarding this process, please contact hello@wellbalancednutrition.com